## Seizure First Aid

How to help someone having a seizure

## Ι**ΘΟΙΤΟΊΑ ΟΘΑΘΑ ΔΟΥΙΟΟΙΑ** ΤΘωνίτ Dωβρίτ λο

**ΘΙΤ ΡΥΡΩΙ DBBO QMOT GBET BABL STAY** with the person until DS GEGIDET BABL OLTOWO OREPT they are awake and alert after the seizure. 🖌 СҺЪӘЈ ЉАӇӏ СІТОѠОТ С҄҄Ҙ҄ҎТ **√ Time** the seizure 🗸 сөрот GWD дарду отым љу ✓ Remain calm 🗸 ГӨҮ СӨЗГЛАД Check for medical ID өөу рьво яғафуял Keep the person SAFE. ✓ Move or guide away from harm **R** መያ ከያይ የ መንግ የ መንግ የ የ መንግ ዓይ ነት የ መንግ መንግ የ መንግ መንግ የ መንግ መንግ የ መንግ ባ መንግ ባ መን өду дьво сражеся яньот Turn the person onto their **SIDE** ሪያር።T ዞኑሄው ምእስ ወያ ወያሮተማደፅ ምእ if they are not awake and aware. 🗸 врт евомефи ћелфи ✓ Keep airway clear ✔ J@L& &hS60 S€6T GOA Loosen tight clothes around neck һ҄ЅѦ҄ВЛ҈ҀҬ ҄҄҄҄҄҄҄҄҄҄҄҄ӅҀҝҺ ҄҄҂Ѧ Put something small and soft under the head ✔ AГ@J D6Cŀ DJ Ghŀ Ⴥჵ@ምT Seizure lasts longer than 5 minutes ЭЛОУ ЉИОДИОТ ДААИ СІТОИОТ САЗРТ ЉУ Person does not return to their usual state DBBQZ ኩፀመም ከፑRፀ ኤy Call Person is injured, pregnant, or sick 🕨 DЬВФZ СУРОТ ЉУ, ЕЛРІ ЉУ, ДЬЉУ СРЕ Repeated seizures DB@ GITOWA 078A&T First time seizure ΤΕΔΤ ΓΙΤΟΨΗ ΓΑΘ Difficulty breathing 🕨 ASLIVA COWSAI Seizure occurs in water D&& CS&T CIHOWH GASL 🗙 lŵy ydyl X Do **NOT** restrain. Хлағғфлен көла көл 🗙 X Do **NOT** put any objects in their mouth. АӨЗРӨЕТ ООЛ БІЬ ТСІ DSOSA ✓ Rescue medicines can be given if prescribed OLORT BY by a health care professional

## Learn More and Register for Training: epilepsy.com/firstaid



24/7 Helpline: 1-800-332-1000

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