

# Seizure First Aid

How to help **someone** having a seizure in a wheelchair

1

**STAY** with the person until they are awake and aware after the seizure.

- ✓ **Time** the seizure ✓ Remain **calm**
- ✓ Check for **medical ID** ✓ Follow **Seizure Action Plan**
- ✓ **Rescue medicines can be given** if prescribed by a health care professional



2

The wheelchair position should be **SAFE**. Keep the person in the wheelchair.

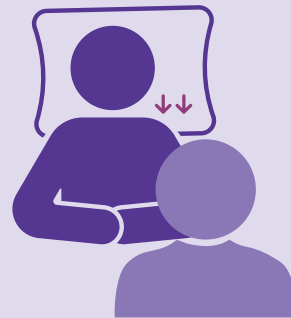
- ✓ **Move or guide away from harm**
- ✓ **Put seatbelt on loosely** to keep them from falling out
- ✓ **Pad the wheelchair** to prevent injury
- ✓ **Stand in front of the wheelchair** to prevent them from slipping out
- ✓ **Use wheelchair lock** to keep wheelchair in place



3

Turn the person's chin down and to the **SIDE**. Support their head to help keep the airway clear.

- ✓ In some situations, the person may need to come out of the wheelchair. Call for help and guide them gently to the floor. Turn the person onto their **SIDE** with their head turned to the side if they are not awake and aware.
  - ✓ **Loosen tight clothes** around neck
  - ✓ Put **something small and soft** under the head



Call **911** if...

- ▶ Seizure lasts longer than 5 minutes
- ▶ Repeated seizures
- ▶ Person does not return to their usual state
- ▶ First time seizure
- ▶ Person is injured, pregnant, or sick
- ▶ Difficulty breathing

Do **NOT**

- ✗ Do **NOT** restrain.
- ✗ Do **NOT** put any objects in their mouth.

Learn More and Register for Training: [epilepsy.com/firstaid](https://epilepsy.com/firstaid)

