Seizure First Aid
How to help someone having a seizure in a wheelchair

1. **STAY** with the person until they are awake and aware after the seizure.
   - ✓ Time the seizure
   - ✓ Remain calm
   - ✓ Check for medical ID
   - ✓ Follow Seizure Action Plan
   - ✓ Rescue medicines can be given if prescribed by a health care professional

2. The wheelchair position should be **SAFE**. Keep the person in the wheelchair.
   - ✓ Move or guide away from harm
   - ✓ Pad the wheelchair to prevent injury
   - ✓ Use wheelchair lock to keep wheelchair in place
   - ✓ Put seatbelt on loosely to keep them from falling out
   - ✓ Stand in front of the wheelchair to prevent them from slipping out

3. Turn the person’s chin down and to the **SIDE**. Support their head to help keep the airway clear.
   - ✓ In some situations, the person may need to come out of the wheelchair. Call for help and guide them gently to the floor
   - ✓ Turn the person onto their SIDE with their head turned to the side if they are not awake and aware.
     - ✓ Loosen tight clothes around neck
     - ✓ Put something small and soft under the head

Call 911 if...
- Seizure lasts longer than 5 minutes
- Person does not return to their usual state
- Person is injured, pregnant, or sick
- Repeated seizures
- First time seizure
- Difficulty breathing

Do **NOT**
- Do **NOT** restrain.
- Do **NOT** put any objects in their mouth.

Learn More and Register for Training: epilepsy.com/firstaid