Learn Seizure First Aid

Know warning signs for strokes

F.A.S.T.

Face Drooping | Arm Weakness | Speech Difficulty | Time to Call 911

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Call 911 if...

- Seizure lasts longer than 5 minutes
- Person does not return to their usual state
- Person is injured, pregnant, or sick
- Repeated seizures
- First time seizure
- Difficulty breathing
- Seizure occurs in water

The Epilepsy Foundation and American Stroke Association are working together to raise awareness about the relationship between epilepsy and stroke. Think about making lifestyle changes that can reduce your risk of having a stroke. The #StrokesToSeizures campaign is supported by the CDC/US Dept. of HHS as part of a financial assistance award totaling $30,000 with 100% funded by the CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, CDC/HHS, or the US Government.