

Epilepsy & Seizures 24/7 Helpline



What do we do?

The helpline has trained information specialists available to answer your questions about epilepsy and seizures and give you support, guidance, and referrals to national and local resources.

How can we help you?

The 24/7 Helpline provides compassionate telephone support, answers emails and replies to forum posts on the Foundation's online community site.

Some of the topics our information specialists respond to most often include:

- Treatment options
- Available medicines
- Support groups
- Resources for financial, insurance, and other help
- Seizure first aid and safety issues
- Employment, discrimination, and legal issues
- Emotional support
- Getting connected with local Epilepsy Foundation offices
- Sudden Unexpected Death in Epilepsy (SUDEP)
- Free information packets



Interpreters available for over 200+ languages

Providing HELP, HOPE, and SUPPORT to people with epilepsy and seizures and their families nationwide.

1-800-332-1000
epilepsy.com/helpline

Para obtener información adicional y materiales impresos con información detallada y actualizada comuníquese con nuestra línea gratuita 1-866-748-8008 o visita nuestro sitio web: www.laepilepsia.org.

Epilepsy.com

Epilepsy.com offers ways to learn critical information, skills and resources that will help you manage seizures and epilepsy more easily.

Information

Information is available to help you learn as much as you can about seizures and epilepsy, managing your epilepsy, new therapies, seizure first aid, and more!

Community

Our online community helps you to connect with others who are living with seizures and epilepsy. Read or post messages on a wide variety of topics. You can also join a chat and talk to others in real-time, read powerful stories, or listen to our Hallway Conversations. Join our live online events about the latest in epilepsy and issues affecting families.

Empowerment

Explore the many tools available to help you be in charge of your seizures & epilepsy, work with your health care team, and take action to manage your seizures.

Clinical Trials Portal

Clinical trials and studies are critical to new therapy development for epilepsy. Please consider joining a current trial or study to aid in the effort of finding new and improved ways of treating seizures and ultimately lead to a cure – visit epilepsy.com/clinical_trials to learn more!

My Seizure Diary

Track your seizures, medicines, and other health events. Having more accurate and up-to-date information helps you and your care team make better decisions about medicines, treatments, and other ways of managing seizures and how they affect your life. See diary.epilepsy.com.

Resources

Search for an Epilepsy Foundation local office that works in your area or search the Helpline Resource database to learn about resources available in your area.

Visit epilepsy.com today.

