EPILEPSY: LET’S TALK ABOUT THE FACTS

3.4 MILLION PEOPLE IN THE U.S. HAVE EPILEPSY

65 MILLION PEOPLE WORLDWIDE

1 IN 26 PEOPLE IN THE U.S. WILL DEVELOP EPILEPSY IN THEIR LIFETIME

That means you may have a friend with epilepsy who is afraid to talk about it because they feel like they may be treated differently. Talk About It!

WHAT IF A SEIZURE HAPPENS? REMEMBER THESE TIPS.

Knowing what to do and what NOT TO DO is important, and the best way to know is to Talk About It.

- DON’T put anything in their mouth
- Call 9-1-1
- Remove any harmful objects
- Don’t hold them down
- Keep onlookers away
- Remain calm

IF SOMEONE HAS A SEIZURE, MAKE SURE THEY ARE COMFORTABLE AND STAY WITH THEM UNTIL THE SEIZURE IS OVER.

LEARN MORE ABOUT HOW TO HELP A FRIEND! VISIT...