Coloring with

The Get-Going Gang
You may have just learned that your child has epilepsy. Epilepsy is a medical disorder in which there are sudden bursts of electrical activity in your child’s brain. These bursts are called seizures. This coloring book follows a character, Sondi, who learns she has epilepsy. The coloring book is designed to familiarize your child with some of the signs and symptoms of epilepsy, as well as treatment. To learn more about epilepsy, please talk to your child’s healthcare provider.
Coloring with
The Get-Going Gang
My sister Sondi and our friends Brady and Mandy ROCK!
We're funny, fast, and FUN.
One day something happened that wasn’t so funny --
Sondi was going all out on her bike.
All of a sudden she just fell off.
Right in the grass.
We raced to see if she was okay.
When we got there, Sondi was kind of twitching. We were SCARED.
Mandy ran to get my dad.
By the time he got to Sondi, she was sitting up and she said she was okay.
Still, we helped her walk home.
Brady pushed her bike.
The next day, we were eating breakfast. Sondi just slid to the ground and started twitching.
My mom screamed, “Sondi’s having a seizure!”
Sondi, what's going on? You scared the heck out of mom!
I don’t know what happened. Why am I on the ground again?

You just decided those scrambled eggs were too slimy to eat. Smart move!
Mom and Dad rushed Sondi to the doctor. I had to go. Thankfully, I have a Gameboy! I let Sondi borrow it.
The doctor asked me to tell her what happened both times Sondi passed out. Then she ordered tests that my mom and dad scheduled.
A few days later the doctor called and asked us to come back. She said Sondi probably had epilepsy.
Mom and dad looked at each other. I could tell they were worried. Sondi started to cry.

I don’t want to have epilepsy! That’s SO not fair!... What is epilepsy, anyway?
The doctor said that epilepsy is a condition where there are bursts of activity in your brain. These are called seizures.
It's like having electrical storms in your brain. During the storms, you lose control. But just for a little bit. And then you're back to normal.
Can I still ride my bike?

First I want to start you on some medicine. If the medicine works like it’s supposed to, your epilepsy will be under control.
Then you can ride your bike. AND you can swim, rollerblade, and do all kinds of fun things.

Then can I ride my bike?
Yesterday morning when I woke up, the gang was already there.
Sondi said I should take a look at my bike brakes because she thought something was wrong with them. She looked kind of weird, and I thought, Oh no!
So I ran over and grabbed the brakes. Whoa! My hands were covered in this greasy black stuff and I don’t even wanna tell you what it smelled like! Sisters can be a real pain sometimes. But I don’t know what I’d do without Sondi.