First Aid for Seizures
(Complex partial, psychomotor, temporal lobe)

1. Recognize common symptoms
   - Blank Staring
   - Chewing
   - Fumbling
   - Wandering
   - Shaking
   - Confused Speech

2. Follow first-aid steps
   - Time the seizure
   - Speak calmly
   - Don't grab or hold
   - Explain to others
   - Block hazards

People who’ve had this type of seizure should be fully conscious and aware before being left on their own. Make sure they know the date, where they are, and where they’re going next. Confusion may last longer than the seizure itself and may be hazardous. If full awareness does not return, call for medical assistance.

Epilepsy Foundation
Not another moment lost to seizures™
1-800-332-1000 • www.epilepsyfoundation.org

EFA 341
Rev 2/2010