Hi Everyone!

Lemonade for Livy was a wonderful success! There were lots of stands held by members like you. I want to thank everyone who participated and I hope you had a fun time doing so!

I hope you have had a great start to the school year. One of the main things the Kids Crew focuses on is creating epilepsy awareness. A good way of doing that is to share your story with your classmates while giving an educational presentation in class.

The kids crew is growing! As of now, we have over 40 members! That's more than 40 kids wanting to get involved and make a difference. Who better to do that than you? Happy Autumn!

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Events

Purple Pumpkin Project

This fall, kids all over the country will be taking part in the Purple Pumpkin Project to raise awareness about epilepsy and to support the Epilepsy Foundation’s mission. You can paint your pumpkin purple and when people ask about your pumpkin, tell them your story and some facts about epilepsy. Paint your pumpkin by yourself or have a party with your friends so you can all have fun. You can even register to receive a personal webpage to tell your story, raise funds, and spread awareness. The Purple Pumpkin Project is a creative and easy way for you to get involved. Click here to watch Hailey’s video and see what it’s all about. Click here for more information and to register.

Epilepsy Facts

- 300,000 kids under the age of 15 currently have epilepsy.
- Some people find that seizures stop after a few years. Others will continue to have seizures unless they take medications to prevent them. If you have epilepsy and your mom or dad reminds you to take your medications, it’s really important to listen to them. If your family member has epilepsy, you can help remind them to take their medication, too.
MEET STORY

Story is a spirited little girl that likes to run, dance, play dress up, jump on her trampoline, and play with her big brother. She stays positive despite having seizures by being a normal, curious, energetic, and very active 3-year-old.

Story was diagnosed with epilepsy in March 2015. She started her first medication and she responded very well. After over a year of being seizure-free, Story’s mom and dad talked to her neurologist about stopping the medicines if she continued to be seizure-free. Unfortunately, Story wound up back in the hospital with a new type of seizure and an EEG that concerned her doctor. At that point, Story was beginning another chapter in her fight against epilepsy. When she was diagnosed, she was having absence, drop, and myoclonic jerk seizures. She then started having tonic-clonic seizures. Today, Story is taking two medications and her parents are hoping for control.

Even at Story’s young age, she is already giving back. She held a Lemonade for Livy lemonade stand over the summer to help raise money for research and to help the epilepsy community. Her mom lets her know that it is important to try and help other people who are going through the same thing. We are thrilled that Story is a part of the Kids Crew and is learning more about epilepsy and how to get involved!

MAKE A DIFFERENCE

Ellie had her first tonic-clonic seizure when she was six years old in first grade. For her, it was very scary. She thought she could hear everything people were saying, but she couldn’t talk or wake up. After her seizure, she didn’t speak for about an hour. Ellie is now in eighth grade and her seizures have been controlled with medication. She lives a very active life and doesn’t let anything hold her back. She has played volleyball, basketball and cheers. This year, she is captain of her JV cheerleading team and also cheers competitively! Now, Ellie wants to help others learn about epilepsy. She recently spoke to third and fourth graders at her school to educate them about epilepsy and to explain how it has affected her life. We are so proud of Ellie and what she has done to help spread awareness and to teach others about epilepsy!

Why do you think it is important to educate kids about epilepsy?
Ellie: I think it’s important for other kids to know about epilepsy because even though it can’t be cured, it can be treated. Kids can lead a very active life. I also think it’s important, if you or someone you know has a seizure disorder, you should have an action plan.

What was it like to present in front of the class?
Ellie: I was very nervous because this was the first time I have ever spoken publicly about my seizure disorder. The students had great questions and made me feel really comfortable. I can’t wait to talk to the next group of students.

Epilepsy Awareness Month

November is Epilepsy Awareness Month! It is a great time to teach others about epilepsy and to share your story. Ask your teacher if you can present to your class. Make a video about your experience with epilepsy and share it with others. Hold a purple themed party and share epilepsy facts with your friends. Also look for local epilepsy walks in which you can get involved.

Seizure First Aid

If you see someone having a seizure:
• Never put anything in their mouth
• Cushion their head
• Time the seizure if you can. A seizure lasting more than 5 minutes is an emergency.
• Turn them on their side
• Offer help when the seizure ends
**WHAT IS DIFFERENT?**

Spot 7 differences. Find answers below.

Q: What do little ghost kids eat for dinner?
A: Spookgetti!

Q: What do ghosts serve for dessert?
A: Ice Scream!

Q: Why didn’t the skeleton cross the road?
A: Because he didn’t have any guts!

**COLOR BY NUMBER**

1 - Blue  2 - Black  3 - Purple  4 - Green