



HI EVERYONE!

I hope you had a very happy holiday and an even happier new year! The beginning of the year means it is time to make some resolutions. That means thinking about what you are going to do to make yourself and the world a better place. My new year's resolutions are to teach as many kids as possible about the importance of giving to others and helping as many people as I can. What will yours be?

I am also very happy to announce that there is a new super awesome part of the Kids Crew starting this year. You can now earn 6 themed pins for your lanyard when you complete activities! Once you tell us you completed an activity, we will send the pin right out to you! I'm challenging you, and myself, to complete all the activities by the end of the year. If you want to know more about the pins, take a look at page 3.

I want to thank all of you for joining the Kids Crew. We now have over 85 members! I feel so honored to be able to work with such great kids who want to make a difference. I am so excited to see how much good we can do this year! Bye for now:)



Hailey

Hailey Scheinman
President & CEO
Epilepsy Foundation
Kids Crew

EVENTS



The National Walk for Epilepsy is scheduled for March 26th in Washington, DC. The community will walk together to show support for those living with

epilepsy. Attending the walk is also an excellent way to help the Epilepsy Foundation do more for people who have seizures. The Kids Crew will have a booth at the Walk and will be giving away some fun prizes! Look out for other surprises at the booth, too. Hailey will be there to talk to kids and she really hopes many of you can make it. If you plan to go, don't forget to wear your Kids Crew lanyard so others know you are a part of the Crew. If you can't make it to the National Walk, look for an Epilepsy Foundation walk closer to where you live or get your friends together and join us as virtual walkers.



EPILEPSY FACTS

- Medicine doesn't stop seizures for one third of the people who have epilepsy.
- Don't worry. Epilepsy is not contagious. You can spend as much time with a loved one with epilepsy as you want.





MEET SAMARIA



Seven-year-old Samaria likes cheer-leading, playing soccer, and gymnastics. She enjoys swimming whenever she can find a beach or a pool. She is skilled at the arts, including coloring, painting, crafting, and more. Some of her favorite ways to have fun are doing puzzles and playing board games and card games. When she is not playing, Samaria spends time in the kitchen cooking. She also loves to read and is a big fan of math and geography.

Samaria has been a warrior since the beginning! Her family came close to losing her multiple times. They did not know that her extraordinary brain was formed differently and would cause many challenges. Samaria was officially

diagnosed with epilepsy at age 2. She received a VNS implant at age 3. One unique fact about her is that she was the youngest child to receive an adult size VNS. Her name is in the history books at the Mayo Clinic-Rochester!

Samaria would like to tell others that the key is to stay positive. Staying positive helps her enjoy life instead of being mad and sad. That type of thinking also helps her to give back. She is active in her community and participates in local Epilepsy Foundation events because she likes to be part of something bigger than herself. She had a Lemonade for Livy stand last year and this past October, she helped teach the whole second grade at her school about epilepsy. She wants everyone to know that the best way for people to understand what she goes through is to give them the facts. Over the years, she has proven that she is a fighter, willing to face her challenges and conquer them!

MAKE A DIFFERENCE



Chase was diagnosed with epilepsy shortly after his 3rd birthday when he started complaining of his face "tingling." Eventually, his seizure activity grew to partial complex seizures, which occurred more than 20 times a day. Years later

after many different medicines and a VNS implant, he is doing much better in the daytime but still has a seizure most nights while sleeping. Beyond that, he is a normal growing boy that likes to play basketball, do karate, and draw.

Chase recognized that very few people realize how many are affected by epilepsy, so he wanted to raise awareness through education and fundraising. He has now presented several times to large groups of kids to teach them about epilepsy and has also held a Hoop-A-Thon fundraiser to raise money for kids to go to camp. Chase has appeared on TV and has done radio interviews to talk about epilepsy and promote his event.

Chase believes it is important to educate others about epilepsy because people need to know what to do when someone has a seizure. When he first presented in front of kids, he was very nervous, and he was even crying a little bit. But he didn't let it stop him. He now knows how tough it can be to get up in front of a lot of people the first time, but the more he does it, the easier it gets. His advice to other kids who want to do the same is to, "never give up and keep trying!"



"ALWAYS TURN A NEGATIVE SITUATION INTO A POSITIVE SITUATION"

- MICHAEL JORDAN

EPILEPSY AWARENESS DAYS

Don't forget that there are two big epilepsy awareness dates coming soon. International Epilepsy Awareness Day is on Monday, February 13th. **Click here** to take a look at the International Epilepsy Awareness Day video and find out how you can "Put epilepsy in the picture." Also, Epilepsy Awareness Day is on Sunday, March 26th. It's a great day to wear purple, hold a purple themed event, and share epilepsy facts.

WHY DO PEOPLE GET EPILEPSY?

Most of the time, it's hard to be sure why people get epilepsy. Sometimes it starts after a serious head injury or illness that affects the brain. Some kinds tend to run in families, so someone may have inherited a tendency to get it. More than half the time we just don't know.



NEW TO THE KIDS CREW...THEMED PINS!

We are thrilled to introduce an awesome addition to the Epilepsy Foundation Kids Crew! When you join the Crew and participate throughout the year, you will earn themed pins for the activities you complete. There are six themes including Created Awareness, Educated Others, Shared My Story, Walked Together, Purple Pumpkin Project, and Lemonade for Livy. We challenge you to

get involved and collect all six in 2017. When you receive your pins, you can add them to your Kids Crew lanyards. We look forward to seeing you making a difference and to your lanyard covered with pins! Visit the Kids Crew web page at epilepsy.com/kids-crew for more information.



Created Awareness Pin

When you create awareness, you help people better understand epilepsy and seizures. Many people don't even know what epilepsy is or how many people have it. You can spread awareness during the year by holding your own purple themed event at school, at a party, or at a sporting event and giving out epilepsy facts. After creating awareness, we will send you the Created Awareness pin.



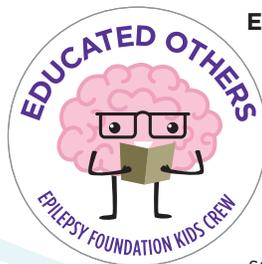
Shared My Story Pin

Making a video and sharing it is one of the best ways to describe an experience with epilepsy. Your video can describe a personal journey with epilepsy, a sibling's, a friend's, or a relative's. **Click here** to watch President and CEO of the Kids Crew, Hailey, tell her story and ask other kids to make a video too. She also gives you easy steps to make your video. After you make your video, we will send the Shared My Story pin right out to you.



Purple Pumpkin Project Pin

Get your friends together and paint your pumpkins purple. Then put them out for people to see. If someone asks why your pumpkin is purple, tell them your story or some facts about epilepsy. When you paint your pumpkins purple in the Fall, we will send you a sweet treat, the Purple Pumpkin Project pin.



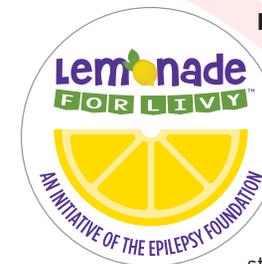
Educated Others Pin

Ask your teacher if you can talk to your class about epilepsy. When you talk to them and teach them about epilepsy, you will help them understand what a seizure is, what some of the causes are, and what to do and what not to do if they see someone having a seizure. When you educate your class, the Educated Others pin is yours.



Walked Together Pin

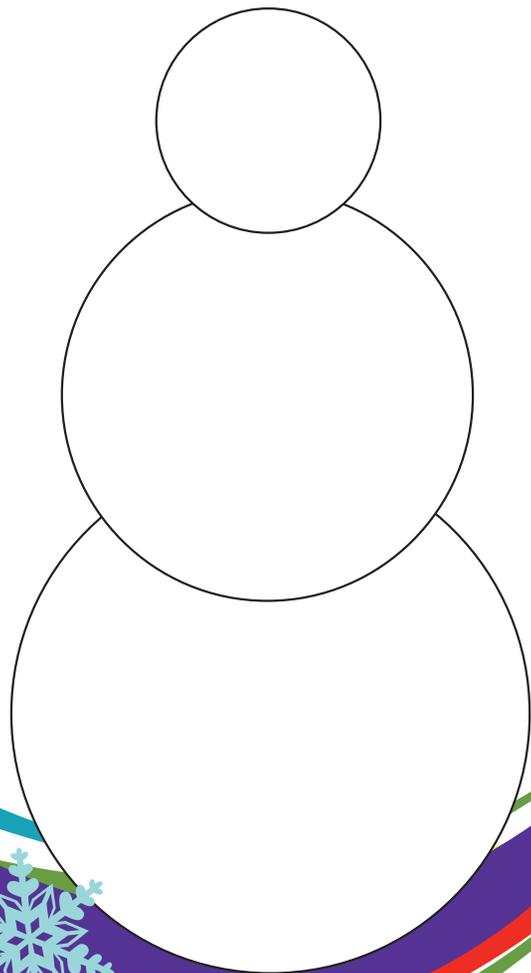
Going to a local walk or the National Walk for Epilepsy is a wonderful way to help support the epilepsy community. You can join a walk team or start your own team. Then, walk to change lives, bring hope, and find a cure. Attend a walk and you will cross the finish line for the Walked Together pin.



Lemonade for Livy Pin

You can hold a lemonade stand or lemon themed party to support the Epilepsy Foundation. The big weekend is at the end of July but events are also held throughout the year, too. After holding a lemonade stand, we will quench your thirst for more pins with the Lemonade for Livy pin.

DECORATE THE SNOWMAN



hello
winter

Q: What do you call a snowman in the desert?

A: A puddle!

Knock, knock!
Who's there?
Snow.
Snow who?
Snowbody!

WORD SCRAMBLE

Unscramble these winter words!

AEKSWLFON

LEGVO

ILCEIC

WNAMSON

GIOLO

OLDC

EGVREEERN

KTASE

PLSIERPYP

SFCRA
