Take the Quiz
#DareTo Be Seizure Smart

1. What is epilepsy?
   a) Not an important medical problem
   b) A contagious disease
   c) Caused by evil spirits
   d) Recurring seizures

2. What happens during a seizure?
   a) Always causes a loss of consciousness
   b) Bursts of electrical activity in your brain that cause a variety of changes in behavior
   c) Always results in involuntary movement and convulsing
   d) Always causes falling to the ground

3. What is a sign or symptom of a seizure?
   a) Jerking and convulsing
   b) Staring
   c) Picking at clothes
   d) All of the above

4. Epilepsy can be treated with:
   a) A special diet
   b) Medication
   c) Surgery
   d) All of the above

5. When a person is having a seizure, you should put this in the person’s mouth:
   a) Spoon
   b) Tongue depressor
   c) You should never put something in the mouth of a person having a seizure
   d) Finger

6. What should you do if you see someone having a seizure?
   a) Stay calm and keep onlookers away
   b) Time the seizure, most seizures only last a few minutes
   c) Move nearby objects out of the way and do not forcibly hold the person down
   d) All of the above

7. What will you do to get people seizure smart?
   a) Hand out the #DareTo Be Seizure Smart quiz to everyone in your community
   b) Tweet out the facts on epilepsy.com/dareto-seizure-smart
   c) Talk about epilepsy and seizures, especially proper seizure first aid, with your family, friends, co-workers, neighbors, and community leaders
   d) All of the above