



Greetings from the Editor-in-Chief

We've been working hard to make sure epilepsy.com meets all your needs for the latest, most accurate information about epilepsy and that the site helps puts you in touch with others. True to our mission, this newsletter highlights several recent additions to the site, including the launch of blogs.

Much more is on the horizon!

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Time for School

Autumn is the season for falling leaves, shorter days and of course "back-to-school". "Back-to-School" for some children means a public school setting while for others it means a home school environment. Whatever the setting, our back-to-school section helps parents and caregivers address the multitude of issues concerning school-aged children with epilepsy.

What's New?

my.epilepsy.com

The first week of September saw the initial launch of my.epilepsy.com, an evolving and improving communication vehicle for the epilepsy.com community.



Stay Tuned...

- Children's singer/songwriter Dave Biro shares his story and music for children with epilepsy
- Chanda Gunn, USA Women's Hockey player and woman with epilepsy, takes us through the Olympic selection process.
- **SUDEP**: How one sibling struggles to cope with the loss of her sister.



Always begin your Amazon.com purchase from the link on the [epilepsy.com bookstore](#). That way, each dollar you spend helps to support the efforts of [The Epilepsy Therapy Development Project!](#)

Braving the School System

Parents of children with epilepsy take remarkable leaps of faith each day when their school-aged children enter the halls of learning. Depending on the frequency and severity of their child's seizures, a parent may have varying degrees of concern in entrusting school staff with the health and well-being of their child.

[Read more](#)



Living with Epilepsy: Depression and Anxiety

While both depression and anxiety are common mood disorders in the general population, there is a growing body of evidence that the prevalence rate of these disorders is even more substantial in people with epilepsy. Based on this premise, Joyce Cramer, Research Scientist, Department of Psychiatry, Yale University and colleagues recently [conducted a study](#) examining symptoms of anxiety and depression as well as health-related quality of life (HRQOL) among epilepsy patients whose seizures were not fully controlled.

What's Happening at Epilepsy.com?

Extreme Makeover

Epilepsy.com is undergoing a facelift! Our new and improved homepage will provide our visitors with easier access to new features and stories on the site, as well as provide a doctor finder and more content than ever before. Stay tuned in October for the big unveiling.

Blog On

What makes epilepsy.com so unique? Our community members! Each member brings their individual voice, experience and insight to the collective group and world at large. To cater to the unique needs of our members, epilepsy.com has revolutionized the community forum experience with our new platform-- my.epilepsy.com. With this new feature you can not only share your personal journey with epilepsy in the forum, but will also be able to individualize how you relay your thoughts and communicate with others through our new "blog" feature. Visit [my.epilepsy.com](#) today and see what's going on.

Our Newest Addition

Epilepsy.com is excited to announce that Patricia Osborne Shafer, R.N., M.N. has joined the epilepsy.com team as a Resource Specialist. Ms. Shafer brings a wide range of experience as a clinical nurse specialist, a woman with seizures, and a volunteer in the epilepsy movement for over 20 years.

As a Resource Specialist, Ms. Shafer will respond to requests for information and resources pertaining to epilepsy as well as help community forum members find information on epilepsy.com. Ms. Shafer's responses and resource recommendations are for informational purposes only, and are not intended as a substitute for professional medical advice. Please consult your physician or other qualified health provider with any questions or concerns you may

have regarding your health or a medical condition. For further details, see our [Terms of Use](#).

Your Voice Matters

Since launching our "[Share Your Story](#)" feature we have received an overwhelmingly positive response. In fact, there are now numerous new stories thanks to our brave visitors who chose to share their journey with us. If you or someone you love has been affected by epilepsy we want to hear about it!

About the Epilepsy Therapy Development Project



EPILEPSY
Therapy Development
PROJECT

[The Epilepsy Therapy Development Project](#) is a 501 (c) (3) not-for-profit corporation. The organization was founded by three fathers of young children with epilepsy, along with their children's doctor, a leading researcher and clinician in the field of epilepsy. Our mission is to advance new treatments for people living with epilepsy.

[Epilepsy.com](#) is an online resource sponsored by the Epilepsy Therapy Development Project. We are working to build epilepsy.com into the most comprehensive source of information, tools and interchange available online for patients, practicing neurologists, and for the research and therapy development community.

To learn more about our programs, please visit [The Epilepsy Therapy Development Project](#). You can help us reach our goals and continue support of epilepsy.com with your [donations](#).

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